

# UTAH STATE HOSPITAL

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Source: Divisions of Substance Abuse and Mental Health

## The Utah State Hospital:

- Is a 24-hour inpatient psychiatric facility located on East Center Street in Provo, Utah.
- Serves people who experience severe and persistent mental illness (SPMI).
- Provides active psychiatric treatment services for 354 patients.
- Serves all age groups and covers all geographic areas of the state.
- Works with 11 mental health centers as part of their continuum of care. All adult and pediatric beds are allocated to the mental health centers based on population.
- Is Joint Commission accredited and HCFA certified.
- Has 21 buildings with approximately 444,000 square feet of space.
- Covers over 300 acres of property.
- Adult Services (Ages 18 and above) 152 beds
- Adult Recovery Treatment Center 5 beds (Ages 18 +)
- Geriatrics (Ages 60 and above) 30 beds
- Forensic Unit (Ages 18 and above) 100 beds

## Types of Disorders Treated

- Psychotic Disorders: includes schizophrenia and delusional disorder
- Mood Disorders: includes major depression, bipolar disorder, and dysthymia
- Childhood Disorders: includes autism, attention deficit disorder, conduct disorder, separation anxiety, and attachment disorder
- Organic Disorders: includes Dementia, Alzheimer's Disease, and organic brain syndrome
- Personality Disorders: includes borderline, antisocial, paranoid, and narcissistic - treated at the hospital, sometimes a secondary diagnosis.

## Major Client Groups at the Utah State Hospital

- Adult patients over 18 who have severe mental disorders (civil commitment)
- Children and youth (ages 6-18) who require intensive inpatient treatment
- Persons adjudicated and found guilty and mentally ill
- Persons adjudicated and found not guilty by reason of insanity
- Persons found incompetent to proceed
- Persons who require a competency, Guilty and Mentally Ill, Diminished capacity evaluations
- Persons with mental health disorders who are in the custody of the Utah Department of Corrections

## Programs

- Childrens Unit (Ages 6-12) 22 beds
- Adolescent Unit (Ages 13-17) 50 beds

## Continuing Issues

- Pressure to increase forensic beds at the State Hospital to serve the mentally ill with criminal charges. Utah needs to address the issue of the criminalization of the mentally ill. Currently there is a waiting list to be admitted to the Forensic Unit.
- The nursing shortage is worsening in Utah. There are recruitment issues with professional staff, especially with RNs and psychiatrists.
- Reintegration of patients/residents back into the community. The Olmstead decision is being applied to institutions in Utah.

- Funding cuts to mental health agencies is at a crisis level. Many citizens are unfunded and are not receiving needed treatment.
- Lack of psychiatric inpatient beds in Utah is a growing problem. The state is in need of a long-term care program for the mentally ill.

### **Services Provided**

The State Hospital provides the following services:

- Psychiatric Services
- 24-hour nursing care
- Psychological Services
- Social Work Services
- Occupational Therapy
- Vocational Rehabilitation
- Physical Therapy
- Recreation Therapy
- Substance Abuse/Mental Health Program (Sunrise)
- Dietetic Services
- Medical/Ancillary Services, Adult Education
- Oak Springs School (Provo School District)

The Utah State Hospital is also actively involved in research programs to improve patient care, approved through the Department of Human Services Institutional Review Board.

### **Other Information**

Out of 412 admissions in 2003, only 26 were readmitted to the hospital within 30 days. 58 had been admitted to the State Hospital previously and 354 were new clients to the hospital.